

WELL-CHILD EXAM – 36 MONTHS (THREE YEARS)

DATE: _____

HEIGHT: _____ WEIGHT: _____

DEVELOPMENT:

1. Most children are talking in sentences.
2. Most children are pretty well toilet trained.
3. Substitution and distraction often handle problems better than punishment.
4. Keep to routine as much as possible and warn child ahead of time about changes.

ACCIDENT PREVENTION:

1. Continue to gate stairs. Keep doors locked to prevent unsupervised children from going outside.
2. Keep knives and firearms out of reach. Consider removing firearms from your home.
3. Supervise child closely when near the street.
4. Advise child to be careful around dogs – especially one that is eating.
5. Swimming lessons DO NOT make a child water safe at this age.
6. Talk to your child about not following strangers and not accepting touches he/she doesn't like by others.

NUTRITON:

Limit the junk food.

ILLNESS:

Acetaminophen Syrup or Chewable Tablets – follow directions on the container.

NEXT VISIT:

At four years of age.