

Discover how easy healthy lifestyle choices can be with

Diabetes Education

at a convenient time and location near you.

Join us for a dynamic and fun multi-part program. Led by Diabetes Educators, a nurse and a dietitian. Classes are covered by Medicare and most major insurances.

Group classes & individual appointments offered at:

Hillcrest Center for Diabetes Management
1265 S. Utica • Suite 100 • Tulsa, OK

Hillcrest South • 8801 S. 101st E. Avenue • Tulsa, OK

Claremore Medical Office Building
1501 N. Florence • Suite 390 • Claremore, OK

Individual appointments offered at:

Bailey Medical Center • 106th & N. Garnett • Owasso, OK

Utica Park Clinic • 562 S. Elliott • Pryor, OK

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- No more diets! Discover an easy and enjoyable new way of eating
 - Gain confidence in your diabetes self-management abilities
 - Achieve real results and get your blood sugar in range
 - Find out how to manage stress and fit in exercise
 - Learn more about diabetes medications and/or insulin
 - Receive a FREE blood glucose meter

Physician referral required. For more information, call 918.579.3385.



Center for
Diabetes Management

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